**Diversity, Culture and Current Treatments in Psychiatry: An Educational Forum**Course No. 24D10  
 The OUHSC Department of Psychiatry and Behavioral Sciences   
in collaboration with the Central Oklahoma Psychiatric Society and the Tulsa Psychiatric Association

**Thursday, February 29, 2024**

**6:00 – 7:00 p.m. Complimentary Dinner &**

**Discussion of NEW OPPA Member Benefits**

**7:00 – 9:00 p.m. Case Study Presentations by Psychiatric Residents**

*Andrews Academic Tower, OUHSC Campus*

*800 Stanton L. Young Blvd., Oklahoma City*

**Text XXXXX to 405-562-5828 to record your attendance**

**“A Case Study on the Evolution of Delusional Beliefs:**

**From Persecutory Delusions to Capgras Syndrome-Like Phenomena”**

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Presented by:

**Ahmed Mohammed, MD**PGY-2, Griffin Memorial Hospital

Psychiatric Residency Training Program, Norman

**Professional Practice Gaps:** This presentation will highlight diagnostic challenges in psychiatry beginning with the initial misdiagnosis of the patient to the final accurate diagnosis of psychiatric disorders. The presentation underscores the importance of through psychiatric assessments, considering the complexity of symptoms ad potential for underlying psychiatric conditions.

**Learning Objectives: Upon completion of this session, participants will improve their competence and performance by being able to: (**1) explore and analyze the patient's psychosocial background and traumatic history, focusing on how past verbal abuse, controlling behavior, and experiences may contribute to Capgras delusion development and (2) discuss medical complications, specifically hyperammonemia due to Depakote toxicity, during the inpatient stay with a view to emphasizing the significance of a multidisciplinary approach in managing psychiatric cases with medical complications.

**“****The Use of an Anti-inflammatory Diet as a Non-pharmacological Intervention in Depression Treatment”**

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Presented by:

**Cree Clay, MD**PGY-4, University of Oklahoma Health Sciences Center

Psychiatric Residency Training Program, Oklahoma City

**Professional Practice Gaps:** This presentation will highlight the significance of an Anti-Inflammatory Diet in the treatment of Major Depressive Disorder in comparison to the Standard American Diet and will provide suggestions on how to incorporate this information into your daily practice in regards to patient care.

**Learning Objectives:**  Upon completion of this presentation, participants will improve their competence and performance by being able to: (1) Determine the difference between an Anti-Inflammatory and Inflammatory Diet; (2) Provide a non-pharmacological intervention in Depression Treatment to Psychiatric patients; and (3) Explain the pathways of Inflammation leading to Chronic Illness.

**Accreditation Statement:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Oklahoma College of Medicine and the Central Oklahoma Psychiatric Society (COPS). The University of Oklahoma College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of 2.00 hours of *AMA PRA Category 1 Credit™.*  Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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**Accommodation Statement:** For accommodations, please contact Renée Mixon, (405) 360-3066 [oklapsychiatry@gmail.com](mailto:oklapsychiatry@gmail.com)

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| **Role(s)** | **First Name** | **Last Name** | **Ineligible Company** | **Nature of the Financial Relationship** |
| Presenter | Ahmed | Mohammed, MD | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Presenter | Cree | Clay, MD | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Course Director, Planning Committee, Moderator | Phebe M. | Tucker, MD | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Planning Committee | Jason | Beaman, DO | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Planning Committee | Robyn L. | Cowperthwaite, MD | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Resident Planning Committee | Jonathan | Stone, MD | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Planning Committee, Moderator | Irina V. | Baranskaya, MD | I have no financial relationships or affiliations with ineligible companies to disclose. | |
| Course Contact | Renée | Mixon | I have no financial relationships or affiliations with ineligible companies to disclose. | |
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